

HERES THE SCOOP FROM GOGUT

AUGUST NEWSLETTER

VOLUME 3: NUMBER 8: August 2025

☀️ Stay Cool & Regular This Summer ☀️

Hot weather, travel, and summer treats can throw your gut off track – but soluble fiber has your back. It helps keep digestion smooth, supports hydration, and feeds the good gut bugs that fight bloat. From smoothies to easy snacks, add a little GoGut to your day and keep things moving all August long.

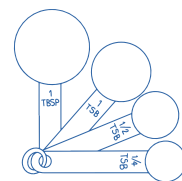
GOGUT RECIPES

INGREDIENTS



Dessert Hummus

- 1 Can of Chickpeas
(drained and rinsed very well)
- 3 Tablespoons of Maple Syrup, Honey or Agave
- 1/8 Teaspoon Baking Soda
- 2 Tablespoon Vanilla
- 1/4 cup milk of choice
- Pinch of Salt
- 10G GoGut



INSTRUCTIONS

1. Strained and rinsed chickpeas very well
2. Combine all ingredients into food processor or blender until pureed.
3. Add any mix ins you'd like: dark chocolate chips, coconut flakes, chia seeds, nuts



BUY 2 CONTAINERS



GET A 10-DAY PACK FOR FREE



For the month of August enjoy this special. Buy 2 containers of GoGut and get FREE 10 day supply of Fiber & FREE SHIPPING!

Yours today for **\$87.95**

Originally \$117.89

Testimonials

T Todd M

Stopped in the new storefront last week, place looks awesome. Basil, Lindsey & staff did an amazing job transpiring that shop into a colorful unique café. I tried the Gouda Coast Breakfast sandwich and it was fantastic. Look forward to visiting again soon! Keep up the great work! 👍

Thank You,
Todd!



ORDER NOW AT

LINDSEY

BASIL

WWW.GOGUT.COM

386.333.4250

407.432.3433



FOLLOW US ON FACEBOOK & INSTAGRAM
LET US KNOW WHAT YOU THINK AND
LEAVE A REVIEW ON GOOGLE