

A Few Tips On How To Get Your GoGut In On The Go

- Keep a small bottle or shaker cup in your car
- Travel-size GoGut fiber, Day Packs or Single Serves.
- Make energizer balls packed with GoGut to take with you.
- Mix GoGut fiber into your morning smoothie, coffee, or juice. Pour into a travel mug & go!
- Grab one of our Prebiotic Sodas or Iced Teas
- Take a GoGut Cookie with you

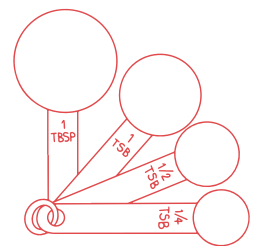
GOGUT RECIPES

INGREDIENTS



WATERMELON SALAD

- Lemon Juice
- Avocado Oil
- Watermelon
- Kale
- Salt
- Pepper
- Garlic Powder
- Sunflower Shoots
- Feta
- GoGut



INSTRUCTIONS

- Whisk 5 grams of GoGut into 1 tbsp lemon juice and 1 tbsp of avocado oil until dissolved.
- Add 1/8 tsp of each salt, pepper, garlic powder
- In a medium mixing bowl mix chopped Kale (remove stem to help with bitterness), sunflower shoots, diced watermelon and feta, and lemon dressing.
- Add fresh herbs or Italian seasoning if you'd like! Enjoy !

THE REST OF THE SCOOP



Introducing our brand new GoGut Cafe. Serving Smoothies, Small Bites, Cookie & baked goods! All of our food has our Premium GoGut Fiber. If you're in the area please stop in and say hello!



209 Dunlawton Ave, Unit 9
Port Orange, FL 32127

Testimonials

Thank You,
Pamela R.



 Pamela R
GoGut Cafe.
Jun 7 · 🌐

👍 recommends

Such a fun time at the GoGut Cafe! The atmosphere is bright, refreshing, and comfortable. The food and drinks are not only delicious, but healthy too. Great place to meet up with friends, or stop by with the kiddos for a healthy snack and play games together. Add this to your list of must try places. It's unique, upbeat, and just what your body needs to start your day or jumpstart your afternoon. The cauliflower crust pizza is phenomenal and you wouldn't of guess it's healthy. Grab a fruit covered waffle and frappe for the ultimate breakfast, snack, or dessert. You will LOVE GoGut Cafe!

ORDER NOW AT
WWW.GOGUT.COM

386.333.4250 407.432.3433
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